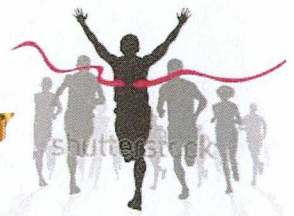




St.Mary's Dubai



ANNUAL SPORTS MEET -2024-2025 EVENTS FOR BOYS

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| | | | | | | | | | |
|-----------------------------|------------------------------------|------|------|------|--------------|--------------|-----------------|-----------------|-----------------|
| GR.5 & 6 Sub-Junior | Born on or After 1-1-2013 | 100m | 200m | 400m | Long Jump | Shot put | 4x100m Relay | | |
| GR.7 & 8 Junior | Born on or After 1-1-2011 | 100m | 200m | 400m | 800m | Long Jump | Shot put | 4x100m Relay | |
| GR.9 & 10 Senior | Born on or After 1-1-2009 | 100m | 200m | 400m | 800m | 1500m | Long jump | Shot put | 4x100m Relay |
| GR 11,12&13 Super Senior | Born on or Before 31-12-2008 | 100m | 200m | 400m | 800m | 1500m | Long Jump | Shot put | 4x100m Relay |

RULES AND REGULATIONS

- Each student can participate in maximum of 3 events excluding relay.(Either two track & one field or one track & two field events)
- Relay team would be selected from the result of 100m heats. Those students who get the first four positions will be selected for relay team to represent their houses.
- Any over age students shall be shifted to the next higher appropriate division

Awards and Points Details

- All winners will be awarded First(Gold), Second(Silver) & Third (Bronze)

- ❖ Points will be awarded as follows

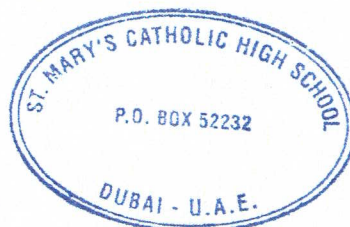
- First Place - 05
- Second Place - 03
- Third Place - 01

- ❖ For the relay Event

- First Place - 10
- Second Place - 06
- Third Place - 02

- ✓ Those who secure maximum points will be awarded individual championship trophy in their respective categories. (excluding relay)
- ✓ The championship trophy will be awarded to the house securing maximum points.
- ✓ A special Trophy will be awarded to the best house in March Past.

Mr. Christopher Chandra
HOD -P E



Mr. Paul Asir Joseph
Principal

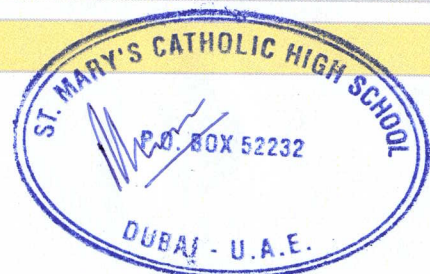


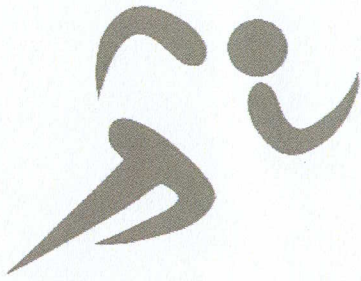
ANNUAL SPORTS MEET -2024-25

TRYOUT SCHEDULE FOR BOYS

| DAY | DATE | EVENT | PERIOD | CLASS |
|-----------|------------|-------------------|--------|-------------|
| MONDAY | 28/10/2024 | LONG JUMP,SHOTPUT | BREAK | YR,11,12,13 |
| TUESDAY | 29/10/2024 | LONG JUMP,SHOTPUT | BREAK | YR 9&10 |
| WEDNESDAY | 30/10/2024 | 100M | 5th | YR 8B,C,F |
| THURSDAY | 31/10/2024 | 100M | 5th | YR 7B,C,F |
| MONDAY | 04/11/2024 | 800M | BREAK | YR,11,12,13 |
| TUESDAY | 05/11/2024 | 800M | BREAK | YR 9&10 |
| WEDNESDAY | 06/11/2024 | 200M | 5th | YR 8B,C,F |
| THURSDAY | 07/11/2024 | 200M | 5th | YR 7B,C,F |
| MONDAY | 11/11/2024 | 400M | BREAK | YR,11,12,13 |
| TUESDAY | 12/11/2024 | 400M | BREAK | YR 9&10 |
| WEDNESDAY | 13/11/2024 | 400M | 5th | YR 8B,C,F |
| THURSDAY | 14/11/2024 | 400M | 5th | YR 7B,C,F |
| MONDAY | 18/11/2024 | 200M | BREAK | YR,11,12,13 |
| TUESDAY | 19/11/2024 | 200M | BREAK | YR 9&10 |
| WEDNESDAY | 20/11/2024 | LONG JUMP,SHOTPUT | 5th | YR 8B,C,F |
| THURSDAY | 21/11/2024 | LONG JUMP,SHOTPUT | 5th | YR 7B,C,F |
| MONDAY | 25/11/2024 | 100M | BREAK | YR,11,12,13 |
| TUESDAY | 26/11/2024 | 100M | BREAK | YR 9&10 |
| WEDNESDAY | 27/11/2024 | 100M | 5th | YR 8B,C,F |
| THURSDAY | 28/11/2024 | 100M | 5th | YR 7B,C,F |
| MONDAY | 09/12/2024 | 1500 mtrs. | BREAK | YR,11,12,13 |
| TUESDAY | 10/12/2024 | 1500 mtrs | BREAK | YR 9&10 |
| TUESDAY | 07/01/2025 | 800M | BREAK | YR7&8 B,C,F |

YR 5&6 TRYOUTS DURING SPORTS LESSON





St.Mary's Dubai



ANNUAL SPORTS MEET -2024-2024 EVENTS FOR GIRL'S

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| | | | | | | | | |
|--------------------------------|------------------------------------|--------|--------|--------|--------------|--------------|-----------------|--------------------|
| YR.5 & 6 Sub-Junior | Born on or After 1-1-2013 | 100mts | 200mts | 400mts | Long Jump | Shot Put | 4x100m Relay | |
| YR.7 & 8 Junior | Born on or After 1-1-2011 | 100mts | 200mts | 400mts | 800mts | Long Jump | Shot Put | 4x100m Relay |
| YR.9 & 10 Senior | Born on or After 1-1-2009 | 100mts | 200mts | 400mts | 800mts | Long Jump | Shot Put | 4 x 100 m Relay |
| YR 11, 12 & 13 Super Senior | Born on or Before 31-12-2008 | 100mts | 200mts | 400mts | 800mts | Long Jump | Shot Put | 4 x 100 m Relay |

RULES AND REGULATIONS

- Each student can participate in maximum of 3 events excluding relay.(Either two track & one field or one track & two field events)
- Relay team would be selected from the result of 100m heats. Those students who get the first four positions will be selected for relay team to represent their houses.
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Awards and Points Details

- All winners will be awarded First(Gold), Second(Silver) & Third (Bronze)

- ❖ Points will be awarded as follows

- First Place - 05
- Second Place - 03
- Third Place - 01

- ❖ For the relay Event

- First Place - 10
- Second Place - 06
- Third Place - 02

- ✓ Those who secure maximum points will be awarded individual championship trophy in their respective categories. (excluding relay)
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- ✓ A special Trophy will be awarded to the best house in March Past.

Mr. Christopher Chandra
HOD -P E



Mr. Paul Asir Joseph
Principal



ANNUAL SPORTS MEET -2024-25

TRYOUT SCHEDULE FOR GIRLS

| DAY | DATE | EVENT | PERIOD | CLASS |
|-----------|------------|---------------------|--------|-------------------------|
| TUESDAY | 29/10/2024 | 200M | 7TH | YR 7A&7D |
| WEDNESDAY | 30/10/2024 | 200M | 6TH | YR 8A |
| | | 200M | 8TH | YR 8D&8E |
| THURSDAY | 31/10/2024 | 200M | 4TH | YR 7E |
| | | 100M | 6TH | YR 7A&7D |
| TUESDAY | 05/11/2024 | LONG JUMP, SHOTPUT | 7TH | YR 7A&7D |
| | | 400M | BREAK | YR 11,12&13 |
| WEDNESDAY | 06/11/2024 | 100M | 6TH | YR 8A |
| | | 100M | 8TH | YR 8D&8E |
| | | LONG JUMP | 4TH | YR 7E |
| THURSDAY | 07/11/2024 | 400M | BREAK | YR 9&10 |
| | | LONG JUMP, SHOTPUT | 6TH | YR 7A&7D |
| FRIDAY | 08/11/2024 | SHOTPUT | 7TH | YR 7E |
| TUESDAY | 12/11/2024 | LONG JUMP | 3RD | YR 10D |
| | | LONG JUMP | 8TH | YR 9A&9D |
| WEDNESDAY | 13/11/2024 | 200M | BREAK | YR 11,12&13 & YR 9&10 |
| | | LONG JUMP | 6TH | YR 8A |
| | | LONG JUMP | 8TH | YR 8D&8E |
| THURSDAY | 14/11/2024 | LONG JUMP | 1ST | YR 10E |
| | | 800M | BREAK | YR7&8 |
| | | LONG JUMP | 5TH | YR 10A |
| FRIDAY | 15/11/2024 | LONG JUMP | 3RD | YR 9E |
| TUESDAY | 19/11/2024 | SHOTPUT | 3RD | YR 10D |
| | | SHOT PUT | 8TH | YR 9A&9D |
| WEDNESDAY | 20/11/2024 | 100M | BREAK | YR 11,12&13 & YR.9 & 10 |
| | | SHOTPUT | 6TH | YR 8A |
| | | SHOTPUT | 8TH | YR 8D&8E |
| THURSDAY | 21/11/2024 | SHOTPUT | 1ST | YR 10E |
| | | 400M | BREAK | YR 7&8 |
| | | SHOTPUT | 5TH | YR 10A |
| FRIDAY | 22/11/2024 | SHOTPUT | 3RD | YR 9E |
| WEDNESDAY | 27/11/2024 | 800M | BREAK | YR 11,12&13 |
| THURSDAY | 28/11/2024 | 800M | BREAK | YR 9&10 |
| FRIDAY | 29/11/2024 | 200M | 3RD | YR 9E |
| | | 100M | 7TH | YR 7E |
| WEDNESDAY | 04/12/2024 | SHOTPUT & LONG JUMP | BREAK | YR 11,12 & 13 |

YR 5&6 TRYOUTS WILL BE DURING SPORTS LESSON

